

## **Stukeley Federation – PSHE Intent, Implementation & Impact Statement**

### **Vision Statement:**

*In our inclusive and happy schools, we make sure **everyone** feels welcomed, valued and valuable.*

*Our safe and inspiring learning environment helps us work towards achieving our best, in all that we do, so that we can become independent and resilient members of our wider community.*

*Our shared **Christian** values give us a foundation of challenge and support, helping to make a positive change in the world, as we strive to create a community of respect and aspiration, preparing everyone for their future.*

### **Core Values:**

**Respect** – Equality, Tolerance, Understanding

**Politeness** – Thoughtfulness, Appreciation

**Friendship** – Caring, Sharing, Love

**Honesty** – Trust, Fairness, Peace

**Responsibility** - Quality & Excellence, Cooperation

**Resilience** – Determination, Patience, Hope

### **Intent**

Our aim in PSHE is to help keep our children safe, physically and emotionally healthy and prepared for life and work. The PSHE curriculum allows our children to develop their skills, values and understanding to ensure they are prepared for the diverse society of modern Britain. They will:

- be ready to tackle many of the moral, social and cultural issues that are part of growing up
- learn how to be supportive of one another's well-being
- demonstrate an acceptance and tolerance of others
- develop their knowledge of coping strategies
- have an awareness of their responsibilities
- know how their bodies will change
- learn how to live in a respectful and mindful manner.

Children will be able to effectively communicate their understanding, enabling them to work **cooperatively** with their peers and will become **independent** learners and take **responsibility** for their learning. They will develop **resilience** when dealing with challenging concepts, which can be applied to other aspects of life.

### **Implementation**

We follow the PSHE Association planning and resources, which explore the three core themes: Health and Well-being, Living in the Wider World and Relationships. A weekly PSHE session takes place in all classes, often taught through circle time and discussions. PSHE sessions reflect the Christian ethos and values of the school.

Through the teaching of PSHE, the school's core values and RSE (Relationship and Sex Education) we support our children to safeguard themselves. We teach them to expect respect and have the ability to make sensible choices and say 'no' through the teaching of consent.

A structured approach to the teaching of RSE starts in Year 4, with an introduction to changes in the body linked to puberty. A more in-depth planned programme takes place in Years 5 and 6, at an age appropriate level. The RSE policy sets out these expectations.

Our School Council is used to represent the voice of the children, which consists of two representatives from each class, voted in at the beginning of each year. The School Council meets termly, with an agenda, supported by a member of teaching staff.

Throughout the curriculum we provide enrichment opportunities including:

- NSPCC Stay Safe
- Police (mini police programme),
- University seminars (first aid, health care, childcare, Makaton, sports science)
- Forest Schools
- Playground Leaders
- Support of charities (on a two-year rolling programme)

PSHE is assessed at the end of each unit to inform future planning.

### **Impact**

Using the skills and knowledge acquired through PSHE, children are equipped to live healthy and happy lives in a diverse society. They are able to make informed choices and understand the role they play in their relationships with others.