

## Stukeley Federation Physical Education UKS2

Throughout the year the children will cover a variety of aspects of the PE curriculum to ensure all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

<b>Autumn 1</b>	<p><b>Games - Handball</b></p> <ul style="list-style-type: none"> <li>• Use attacking and defending skills appropriately</li> <li>• Be an effective team player</li> <li>• Direct a ball within a court</li> </ul> <p><b>Dance - The World of Sport - Unit 1</b></p> <ul style="list-style-type: none"> <li>• perform with clear intention and meaning</li> <li>• perform set patterns</li> <li>• work collaboratively</li> <li>• Value the contribution of dance in different cultures</li> </ul>
<b>Autumn 2</b>	<p><b>Games - Volleyball</b></p> <ul style="list-style-type: none"> <li>• Use attacking and defending skills appropriately</li> <li>• Be an effective team player</li> <li>• Direct a ball within a court</li> </ul> <p><b>Gym - Mirroring and contrasting - Unit X</b></p> <ul style="list-style-type: none"> <li>• To demonstrate matching and mirroring balances and movements</li> <li>• Use different special relationships with a partner</li> <li>• Construct, practice and evaluate and improve composition of sequences</li> <li>• Adapt and transfer sequences from floor to apparatus</li> </ul>
<b>Spring 1</b>	<p><b>Games -- Netball</b></p> <ul style="list-style-type: none"> <li>• Use attacking and defending skills appropriately</li> <li>• Be an effective team player</li> <li>• Direct a ball within a court</li> <li>• </li> </ul>

	<b>Dance - Flight from Danger - Unit 4</b> <ul style="list-style-type: none"> <li>• Perform with expression</li> <li>• Demonstrate ability to translate ideas into symbolic movement</li> <li>• Demonstrate confidence in movements</li> </ul>
<b>Spring 2</b>	<b>Games - Hockey</b> <ul style="list-style-type: none"> <li>• To apply tactics for attack and defense</li> <li>• To evaluate their own and others performance</li> <li>• To combine and perform skills</li> <li>• Understand safety needs of an activity.</li> </ul> <b>Gym - Synchronisation and Canon - Unit Y</b> <ul style="list-style-type: none"> <li>• Travel rhythmically and develop timing with a partner and small group</li> <li>• Extend understanding of levels, speed and pathways</li> </ul>
<b>Summer 1</b>	<b>Games - Cricket / Danish Longball</b> <ul style="list-style-type: none"> <li>• Demonstrate correct striking stance</li> <li>• Direct a ball</li> <li>• Use overarm and underarm throws appropriately</li> <li>• Play cooperatively as a team</li> </ul> <b>Outdoor adventurous</b> <ul style="list-style-type: none"> <li>• Following maps</li> <li>• Generating own maps</li> </ul>
<b>Summer 2</b>	<b>Games – Athletics</b> <ul style="list-style-type: none"> <li>• Run consistently considering pace over distances</li> <li>• Know and understand rules of relay running</li> <li>• Throw with control and in different styles and with accuracy</li> <li>• Consistently perform different jumps</li> <li>• Suggest how they can improve.</li> </ul> <b>Gym - Counter balance - Unit A</b> <ul style="list-style-type: none"> <li>• To transfer weight from different body parts.</li> <li>• Work cooperatively with a partner.</li> <li>• Link movements into a sequence</li> <li>• Perform balances safely</li> <li>• Transfer skills safely to apparatus</li> <li>• Evaluate their and partners work.</li> </ul>