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| **Stukeley Federation Physical Education LKS2**  Throughout the year the children will cover a variety of aspects of the PE curriculum to ensure all children:   * develop competence to excel in a broad range of physical activities * are physically active for sustained periods of time * engage in competitive sports and activities * lead healthy, active lives. |

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| **Autumn 1** | Games Handball   * Select and apply simple tactics * Work cooperatively * Improve small game skills   Dance The language of dance Unit 1   * Use simple movement patterns to structure dance phrases * Repeat dance phrases * Work in unison * Demonstrate an understanding of descriptive words when talking about dance |
| **Autumn 2** | Games Volleyball   * To vary shots appropriately * To throw and catch with increasing accuracy * To play to a set of rules   Gym Balance Unit P   * Identify and use different body parts to balance * To show different body shapes as a balance * To move into and from a balance with control and accuracy * To create a sequence of balances |
| **Spring 1** | Games Netball   * To vary shots appropriately * To throw and catch with increasing accuracy * To play to a set of rules   Dance The Explorers Unit 2   * Display clarity of body shape extension, balance and footwork. * Use simple movement patterns to structure dance * Perform group formations. * Interpret other children’s dance. |
| **Spring 2** | Games Hockey   * To dibble a ball accurately * To consider position and tactics * To work collaboratively as part of a small group   Gym Receiving Body weight unit Q   * To understand how different body parts can transfer and receive body weight * To create sequences using different body shapes, speed and level * To move and construct own apparatus |
| **Summer 1** | Games Cricket / Danish Longball   * To strike a ball with growing accuracy * To field and intercept a ball with accuracy * To cooperate and work as part of a team   Outdoor Adventourous   * Orienteering skills * Use of simple maps * Collaboration work |
| **Summer 2** | Games Athletics   * Run consistently and smoothly - sprint and sustained * Show different styles of running * Use different throwing techniques * Jump with growing control * Suggest how they can improve.   Gym Rolling Unit S   * To perform different rolls with growing accuracy * Link movements together in a sequence * Use their bodies to transfer weight |