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| **Stukeley Federation Physical Education UKS2**  Throughout the year the children will cover a variety of aspects of the PE curriculum to ensure all children:   * develop competence to excel in a broad range of physical activities * are physically active for sustained periods of time * engage in competitive sports and activities * lead healthy, active lives. | |
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| **Autumn 1** | Games - Tag Rugby   * To know and apply basic tactics and strategies for attacking play. * To work cooperatively as part of a team * To observe and evaluate performance   Dance - Jive |
| **Autumn 2** | Games - Dodgeball   * Use attacking and defending skills appropriately * Be an effective team player * Direct a ball within a court   Gym – Bridges - Unit T   * To use balancing and different body parts to create bridge shapes as individuals and with a partner * To sustain concentration and practice to improve quality of performance. * To work cooperatively with a partner * To sequence movements |
| **Spring 1** | Games - Football   * To apply tactics for attack and defense * To evaluate their own and others performance * To combine and perform skills * Understand safety needs of an activity.   Outdoor Adventurous   * Following maps * Generating own map |

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| **Spring 2** | Games - Basketball   * Use attacking and defending skills appropriately * Be an effective team player * Direct a ball within a court   Gym – Flight - Unit U   * Understand and perform five basic jumps showing different shapes and directions * To sustain concentration to improve precision and fluency of movements * To design and create a sequence of movements * To transfer flight safety to apparatus |
| **Summer 1** | Games – Rounders / Kickball   * Demonstrate correct striking stance * Direct a ball * Use overarm and underarm throws appropriately   Dance – Volcanoes - Unit 4   * Respond to a range of stimuli * Explore, expand and improve dances * Demonstrate competence in actions * Refine the quality of a dance |
| **Summer 2** | Games – Athletics   * Run consistently considering pace over distances * Know and understand rules of relay running * Throw with control and in different styles and with accuracy * Consistently perform different jumps * Suggest how they can improve.   Gym - Spinning and Turning - Unit W   * Understand and perform different spins and turns * To sustain concentration to improve precision and fluency of movements * To design and create a sequence of movement * To transfer movements safely to apparatus |