#### Holbeach Children's Centre Boston Road South, Holbeach PE1 27LZ

### Holbeach Children's Centre is part of South Holland Children's Centres which also include

# Spalding Children's Centre 01775 767475

Sutton Bridge Children's Centre 01406 359327

# Crowland Children's Centre 01733 211609 or 212739

We would like to welcome all children under 5 and their families to our centre

#### **Citizens Advice Bureau**

Support with benefits, debt and other issues

#### ESCO appointments (Once a month)

provides the opportunity for you, as a parent or carer of a child with a disability, to meet with a skilled professional for a friendly and confidential consultation.

### NHS

From booking in when you are first pregnant and for all other antenatal appointments, you can be seen at the Children's Centre.

**Healthy Start Vitamins** available at all Children's centres, just bring along your voucher

We can also support applying for nursery funding for 2/3/4 year old, please contact your nearest centre

Our Centres offer a variety of Groups. All groups are FREE of Charge

#### PEEP groups

The main focus of **PEEP** groups is on communication, language and literacy. It is a structured group where parents are positively encouraged to interact with their children whilst learning through play.

PEEP groups do not run during school holidays.

Please ask for a leaflet with more information about



Messy Play Story Box, Stay and Play And much more

other sessions

such as:

#### Try Arts by SoundLincs

A parent led group supported twice a month by a SoundLincs professional, giving parents and carers ideas so they can participate with arts, music and crafts.

#### **Other Opportunities**

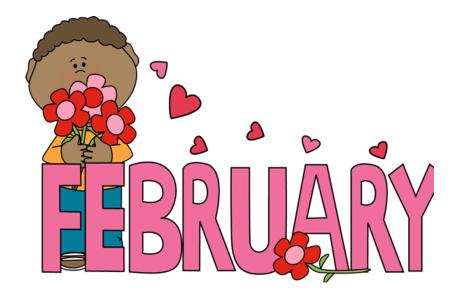
If you are interested in Adult learning, Volunteering or becoming a member of our Advisory Board or Parent's Forum - please give Julie Relf a call on 07711556115 for more information or call into the Children's Centre

# **Holbeach Children's Centre**

### Holbeach Primary Academy, Boston Road South, Holbeach, PE12 7LZ Tel: 01406 426064

## **Early Years**

# What's on Guide February 2015



We value your comments, so if you would like to comment on any of our services then please complete a feedback form.

Find us on **Facebook**: @ Holbeach Sutton Bridge Children's Centres

Lincolnshire

What's on Guide February 2015



## Holbeach Children's Centre

For further information about any of our activities please contact us on 01406 426064

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	
Bump to Baby From pre birth to babies aged 8 months 10:00 to 11:00	Story Box 0 - 5 years 9:30 to 10:30	Stay and Play 0 - 5 years 9:30 to 11:00	Baby PEEP For babies 8 months to 18 months 10:00 to 11:00	Kids Crèche For children with additional needs 9:00 to 12:00noon Please call Amanda Band to book	
No group on 9th,16th February Drop in	Drop in	Drop in	No group on 19th Feb Drop in	a place 07760309309 Booking only	
TryArts Music and Arts group Facilitated on the 2nd & 16th February 13:30 to 14:30	Messy Play 0 - 5 years 11:00 to 12:00noon Drop in	Mixed PEEP 0 - 5 years 13:00 to 14:30 No group on 18th Feb	Tweenie PEEP For babies 18 months plus 13:00 to 14:30 No group on 19th Feb	Musical Movers 0 - 5 years 10:00 to 11:00 Drop in	
Drop in		Drop in	Drop in		
Citizens Advice Bureau 9:00 to 12:30	Weaning Support every 2 <sup>nd</sup> Tuesday in the month	Antenatal Clinic 10:00 to 16:30	Health Visitor 6 Week checks	Antenatal Clinic 10:00 to 16:30	
Please contact children's centre Booking only	Please contact H.V. Booking only	Please contact midwifes Booking only	Please contact health visitor Booking only	Please contact midwifes Booking only	
<b>Find us on Facebook</b> : @ Holbeach Sutton Bridge Children's Centres	ESCO drop in 10th February 9:00 to 16:00 for children with additional needs For an appointment call 01522 782111 Booking only		Craft activity 19th February 10:00 to 12:00 0 - 8 years Play dough and making collages	Live Well 4 Life Adult course 6, 13 & 27 February 13:00 to 15:00 Fun & friendly programme to promote & support healthy lifestyles	
In black inc - Sessions delivered by	During school holidays all children up to 8 years are welcome in the centre	Whaplode St Cathrines Parent led Toddler group 0 - 5 years 10:00 to 12noon		Free crèche provided Please contact children's centre to book your place	
			Lincolnshire		